



*AUTISM  
SPECTRUM  
SUPPORT,  
INFORMATION &  
STRATEGIES for  
TRANSITION*

### Monthly Meetings

East Valley: 7:00-9:00pm 3rd Mondays  
West Valley: 6:30-8:30pm 1st Thursdays

Check [www.azassist.com](http://www.azassist.com) for current locations and other activities.

## **AZ ASSIST - a supportive community of families with teens and young adults on the autism spectrum**

Get connected with the resources you need! Whether it comes from specialists, agencies, or the support of other families, we are proving that individuals with autism can live as independently as they choose, with the support of friends who understand.

- ◆ Guest speakers on a wide range of transition topics are featured at our monthly meetings at both the East & West Valley locations.
- ◆ Self-advocacy and independence are promoted and encouraged.
- ◆ Teens and young adults build lasting friendships.
- ◆ We understand the economic challenges families face and keep our events affordable.

AZ ASSIST's community of families with teens and young adults on the autism spectrum partner with professionals, guest speakers and adults on the spectrum who generously share their time and expertise about transition topics.

Join us as we learn about transition, share our experiences, celebrate our successes and support each other on the journey to independence.

We invite and encourage teens & young adults to attend meetings in order to socialize, make new friends and hang out with their peers. It's a great time to connect! There is a \$5 activity fee for youth.

**Questions? Email [info@azassist.com](mailto:info@azassist.com), [westvalley@azassist.com](mailto:westvalley@azassist.com)  
or call 480.779.0899**

**Website: [www.azassist.com](http://www.azassist.com)**

**Facebook: [www.facebook.com/azassist](http://www.facebook.com/azassist)**