

**KICKSTARTING THE SOCIAL
SUPERHERO IN YOU:
DEVELOPING SELF-AWARENESS TO CREATE SOCIAL
PLANS IN AN EFFORT TO CONQUER YOUR
SOCIAL KRYPTONITE**

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1. UNDIFFERENTIATED PERSPECTIVE-TAKING

- Children recognize they have different thoughts and feelings than others, however they confuse the two frequently.
- They struggle to make a distinction between their point of view and the points of view of others.

2. SOCIAL-INFORMATIONAL PERSPECTIVE-TAKING

- Children understand that different perspectives may result because people have access to different information.
- There is no indication that they take this awareness into consideration.

AGENDA

- Review stages of perspective taking
- Discussion around social challenges
- Explore individual vulnerabilities
- Work through social planning

3. SELF-REFLECTIVE PERSPECTIVE-TAKING

- Children can “step into another person’s shoes” and view their own thoughts, feelings, and behavior from the other person’s perspective.
- They recognize this is reciprocal.

4. THIRD-PARTY PERSPECTIVE-TAKING

- Children can step outside a two-person situation and imagine how the self and other are viewed from the point of view of a third, impartial party.

5. SOCIETAL PERSPECTIVE-TAKING

- Individuals understand third party perspective-taking can be influenced by one or more systems of larger societal values.

STAGES OF PERSPECTIVE TAKING

1. Undifferentiated perspective-taking
2. Social-informational perspective-taking
3. Self-reflective perspective-taking
4. Third-party perspective-taking
5. Societal perspective-taking

Robert L. Selman



SOCIAL CHALLENGES

- Environmental factors influence people to engage or avoid
 - History
 - Sensory
 - Lack of skill
 - Lack of support
- Individuals with ASD can appear as though they have the necessary "tools" to engage...
 - but they don't which can become ammo for villains
- The villain's job is to socially sabotage the individual
- Villains rely on the individual's lack of perspective taking (Theory of Mind)

INDIVIDUAL VULNERABILITIES

- Social blind spots
- A blind spot enhances the potential of a problem
- Panoramic view is disabled
- To gain a panoramic view you have to have the awareness and motivation for it to develop
- A panoramic view incorporates language and actions that help you navigate and connect

SOCIAL CHALLENGES

Autism's

THE SOCIAL WORLD HAS KRYPTONITE CONNECTED TO IT

Theory of Mind

- Difficulty understanding emotions
- Difficulty predicting behavior and emotions of others
- Problems inferring the intentions of others
- Difficulty explaining one's own behavior

INDIVIDUAL VULNERABILITIES

- What creates individual vulnerabilities?
 - Prompt dependency
 - Lack of information
 - Inability to discriminate
 - Inability to imitate

SOCIAL CHALLENGES

BOOBY TRAPS

- Booby traps exist within social contexts
- In every social situation hidden rules are embedded
- If you extract and use the hidden rules you are able to avert the booby trap...
 - If not, you fall prey to the villain

THE BAT SIGNAL

THE SIGNAL

- **Warning sign**
 - SD/Stimulus Prompt
- **Either recognized or unrecognized**
- **When recognized, tools (skills) are still needed to access the information necessary to navigate the social situation**
- **Utility belt holds the tools to help create social plans**

THE SOCIAL COMMUNICATION UTILITY BELT

Self Awareness

Think about other people's thoughts and feelings as well as your own

Think with your eyes

Recognition of hidden rules

Establish physical presence


Use your words to relate to others

4 STEPS OF COMMUNICATION

Michelle Garcia Winner

UTILITY BELT

- The "utility belt" stores tools (skills) that are needed to create social plans
- Social plans are needed to conquer social kryptonite
- How are social plans built? What tools are needed in the utility belt?



there is a SUPERHERO

=ALL of us

we just need the COURAGE to put on the CAPE

THE SOCIAL THINKING UTILITY BELT

I have a thought about you: you have a thought about me

Each person considers what the other may be thinking about them

I consider the other person's intentions and motive. As do others with me

I monitor and possibly modify my behavior to keep the other person thinking about me the way I want them to think about me

4 STEPS OF PERSPECTIVE TAKING

Michelle Garcia Winner

RESOURCES

- Bob Kane: Creator of Batman
- Michelle Garcia Winner; Four steps of perspective taking and communication: <https://www.socialthinking.com>
- Simon Baron-Cohen; Mindblindness, Theory of Mind
- Robert Selman; Stages of Perspective Taking