



HANDS-ON FEEDING TRAINING

Learn how to Use the Right Tools

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COURSE DESCRIPTION

This course will give the audience a unique perspective of problem solving through mealtime behaviors with the use of feeding products. We will discover how to identify a mealtime struggle, choose the right feeding products to help and learn how to use those feeding products correctly!

A HUGE giveaway of feeding products will end this amazing feeding-filled day!

LEARNING OUTCOMES

1. Understand how to choose the right feeding products to combat inappropriate mealtime behaviors
2. Learn how to use the right tools to help children with Autism make good choices at mealtime
3. Identify 2 feeding methods that can increase your own resilience and effectiveness when feeding a child with Autism



PRODUCTS

5 TYPES OF TOOLS/PRODUCTS

1. Oral Products
2. Mealtime Products
3. Drinking Products
4. Utensil Products
5. Eating Products

ORAL PRODUCTS

Oral Care: before or after a meal

Prepping: using a chewy or oral stimulation to prepare a child for a meal

Clean Up: Face wiping

MEALTIME PRODUCTS

Bowls
Plates
Trays



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DRINKING PRODUCTS

Cups
Straws



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UTENSIL PRODUCTS

Spoons
• Self Feeding
• Parent Feeding
Forks
Chopsticks



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EATING PRODUCTS

Timers
Books & Cards
Sensory Products



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5 FEEDING METHODS THAT CAN INCREASE YOUR OWN RESILIENCE AND EFFECTIVENESS WHEN FEEDING A CHILD WITH AUTISM

1. Present and Hold Method
2. Counting Method: "1, 2, 3"
3. Waiting Method: "I'll Wait"
4. Direct Method: "You Can"
5. Time Method: "It's Time to..."



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SEPARATE INTO 5 GROUPS

GROUP 1: Oral Products
GROUP 2: Mealtime Products
GROUP 3: Drinking Products
GROUP 4: Utensil Products
GROUP 5: Eating Products



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CHILD IS THROWING PLATES, CUPS OR UTENSILS AT EVERY MEAL

Each group has 5 minutes to:

- Explore the products
- Discuss which product they have that might help this child
- How they would use it
- Pick a group leader to answer the question

CHILD IS CHEWING ON EVERYTHING EVEN STRAWS, CUPS & UTENSILS

Each group has 5 minutes to:

- Explore the products
- Discuss which product they have that might help this child
- How they would use it
- Pick a group leader to answer the question

CHILD IS REFUSING TO EAT A NEW FOOD

Each group has 5 minutes to:

- Explore the products
- Discuss which product they have that might help this child
- How they would use it
- Pick a group leader to answer the question

CHILD IS OVERSTUFFING HIS MOUTH, GAGS AND/OR CHOKES

Each group has 5 minutes to:

- Explore the products
- Discuss which product they have that might help this child
- How they would use it
- Pick a group leader to answer the question

PROMOTIONS & GIVEAWAY!!!

- Sign-up for a **Parent Training Session** (Save \$50 Today)
- Join my **Facebook Live Events** every Tuesday 9pm EST





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QUESTIONS?



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