

## ABOUT

The goal of this two-day interactive workshop is to teach parents, family caregivers, and guardians 12 essential tools to manage challenging behaviors of a person with an intellectual or developmental disability.

### TOPICS INCLUDE:

1. Defining and writing a behavioral definition
2. Eliminating coercion and punishment
3. Learning how to “stay close”
4. Using reinforcement
5. Using proactive strategies
6. Training communication skills
7. Identifying function of maladaptive behavior
8. Ignoring junk behavior
9. Using the “pivot” tool
10. Using the “redirect-reinforce” tool
11. Creating a token system
12. Setting expectations and creating behavioral contracts

“IF THEY CAN’T LEARN THE  
WAY WE TEACH, WE WILL  
TEACH THE WAY THEY  
LEARN.”  
- O. I. LOVAAS



## WORKSHOP PRESENTERS

### TRAVIS HETH, BCBA

Travis is licensed to practice behavior analysis in the state of Arizona. Travis works for S.E.E.K. Arizona, providing behavioral health services to both children and young adults with intellectual and developmental disabilities, as well as providing family training and support.

### DUSTY JONES, BCBA

Dusty developed the materials in a user friendly format and will co-present the first workshop. Dusty earned a Master’s degree in the basic science and study of Behavior Analysis, and has spent his career developing training and support systems that enable families to apply the tools of behavior change in a constructive, non-punitive manner, with a specific focus on establishing and strengthening skills.

## THANK YOU

*Funding for this project was made possible in part by  
ADDPC-FFY14-CS-03 from the Arizona Developmental  
Disabilities Planning Council.*



## S.E.E.K. ARIZONA

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480.902.0771  
480.967.0804 (fax)  
EVENTS@SEEKARIZONA.ORG  
WWW.SEEKARIZONA.ORG



## 12 Essential Parenting Tools for Positive Behavior Change Two-Day Interactive Workshop



WWW.SEEKARIZONA.ORG

# Bring about a **positive behavior change.**

## PURPOSE

The 12 Essential Parenting Tools for Positive Behavior Change Workshop is designed to reduce challenging behaviors and replace them with adaptive behaviors. These tools are based on behavior analytic principles, which is an evidence-based practice.

Workshop materials will be presented by a Board Certified Behavior Analyst and opportunities to practice using the 12 Essential Tools will be facilitated by our highly qualified team. All workshop attendees will receive a comprehensive participant guide for future reference.

The 12 Essential Parenting Tools for Positive Behavior Change are based on materials found in Glenn Latham's book, "The Power of Positive Parenting: A Wonderful Way to Raise Children" and has been modified and used to help parents nationwide.

Educating family members and guardians of children with intellectual and developmental disabilities is a core value at S.E.E.K. Arizona.

## DETAILS

Hotel accommodation stipends are available to families who live outside of Maricopa County. Five stipends per workshop are available on a first come first serve basis. Contact [Events@SEEKArizona.org](mailto:Events@SEEKArizona.org) for information.

Space is limited to 20 families. Families are defined as 2 participating members, such as a father/mother or parent/grandparent) per training weekend.

Please coordinate your own child care as it is not available during this training.

## DATES

February 21-22, 2015  
10 a.m.-4 p.m.

March 14-15, 2015  
10 a.m.-4 p.m.

April 18-19, 2015  
10 a.m.-4 p.m.

*Participants must be able to attend both Saturday and Sunday training.*

## LOCATION

Halle Heart Children's Museum  
2929 S. 48<sup>th</sup> St.  
Tempe, AZ 85282  
(non-smoking location)

## COST

\$25.00 registration fee per family  
(Includes lunch for both family members each day).

## REGISTRATION

### SELECT WORKSHOP

- February 21-22, 2015 (\$25.00)  
 March 14-15, 2015 (\$25.00)  
 April 18-19, 2015 (\$25.00)

Dietary restrictions: \_\_\_\_\_

Accommodation Assistance Needed? Yes  No

If so, please contact: 480.902.0771

\_\_\_\_\_  
Name of family member(s) attending

\_\_\_\_\_  
Address

\_\_\_\_\_  
E-mail

\_\_\_\_\_  
Phone

### PAYMENT METHOD

- Check  
 Visa  
 MasterCard  
 American Express

\_\_\_\_\_  
Credit Card #

\_\_\_\_\_  
CVC#

\_\_\_\_\_  
Exp. Date

\_\_\_\_\_  
Signature

How did you hear about the training? \_\_\_\_\_

Mail to:

**S.E.E.K. Arizona**  
**1848 N. 52<sup>nd</sup> St.**  
**Phoenix, AZ 85008**